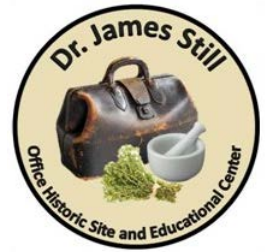


# Dr. James Still Education Center Bulletin

Volume 4, Issue 2    Fall/Winter 2020



*Dr. James Still Historic Office & Education Center*  
*Teaching, Restoring and Preserving the Legacy of Dr. James Still*  
*"The Black Doctor of the Pines"*



***"Although your sky may often be clouded, the sun will shine forth in the end, and its rays brighten your road to victory."***

***-Dr. James Still 1877***

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## UPCOMING EVENTS

**\* PLEASE NOTE ALL ON-SITE EVENTS AT THE EDUCATION CENTER HAVE BEEN SUSPENDED UNTIL FURTHER NOTICE. WE WILL PROVIDE UPDATES AS WE RECEIVE UPDATES FROM NEW JERSEY'S DIVISION OF PARKS AND FORESTRY.**

Contact us via email:  
[DrJamesStillcenter@gmail.com](mailto:DrJamesStillcenter@gmail.com)

<http://www.drjamesstillcenter.org/>



**THE STILL BROTHER TRILOGY IS HERE!!!!**

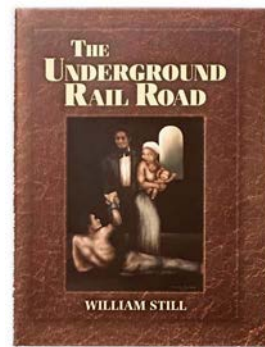
We are very excited to announce Stockton University's recent publication of *The Kidnapped and the Ransomed: The Personal Recollection of Peter & Vina Still After Forty Years of Slavery*, which is the third and last book to complete the Still Brother Trilogy. *The Kidnapped and the Ransomed*, originally written by Kate E. R. Pickard and published in 1856, tells of the life of Peter Still, one of Dr. James Still's older brothers who remained in bondage after their mother's successful escape from slavery.

This book, along with the entire Still Brother Trilogy, can be purchased through our website: <https://dr-james-still-historic-site.square.site/s/shop>

We also have *The Underground Railroad* by William Still available for purchase, which contains his personal records of enslaved Africans passing through Philadelphia, PA seeking freedom.



*Still Brother Trilogy*  
(William, Peter and James Still)



*The Underground Rail Road*  
(William Still)

**SERVICE DAYS**

A big THANK YOU to our volunteers who participated in July and October's service days. It takes time and effort to maintain the property and all of the help is greatly appreciated!

A special thank you to Sarah Beitel and the local Girls Scout Troop 24348 for donating butterfly boxes and signs for the garden beds. Please stop by the Dr. James Still site to visit the trail and herb garden to view these lovely additions.



## DR. JAMES STILL COMMUNITY DAY—AUGUST 15, 2020

2020 marked our first annual Community Day in honor of Dr. James Still calling the first family reunion with his siblings in 1849. It was important to the James Still Historic Site and Education Center to extend the invitation to family as well as the community to reflect the outreach and impact of Dr. James Still's legacy. Although originally planned on-site, hosting this event virtually also proved successful. The day included musical performances, archeological and Still family history presentations, a live herbal demonstration and a virtual tour of the Education Center. Author, Don Tate, also premiered his children's book about William Still, Dr. Still's youngest brother, called William Still and His Freedom Stories: The Father of the Underground Railroad.

Thank you to the Oversight Committee for helping to make this event come together and to all of our presenters:

Samuel C. Still III

Valerie Vaughn

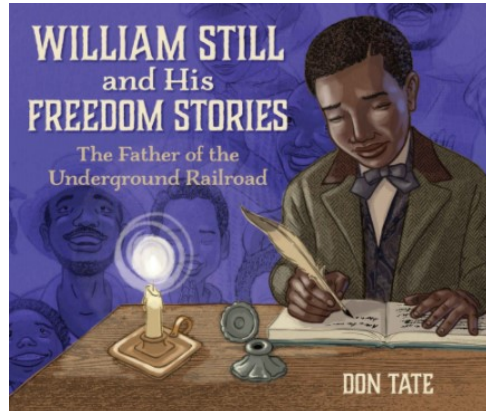
Don Tate

Charlie Zahm

Franchette Polite

Marc Lorenc, Ph.D

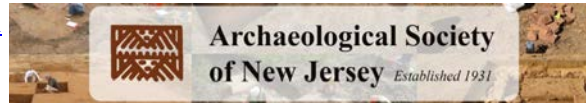
Carol Douglas



**ARCHEOLOGICAL WEBINAR — OCTOBER 4, 2020**

Dr. James Still Education Center committee members, Marc Lorenc, PhD. and Chairman Samuel Still and were invited by the Archaeological Society of New Jersey to discuss the archaeology of the Dr. James Still Historic Office site, which showcased the critical importance of diverse community engagement in archaeology. The project also highlighted the way engagement benefits archaeological exploration, historic preservation, and education and enhances community activism. You can watch a recording of the presentation using the following link, courtesy of the Archaeological Society of New Jersey.

[Community Engagement at the Dr. James Still Historic Office and Education Center](https://www.youtube.com/watch?v=FFkJ72GAsnQ)  
(<https://www.youtube.com/watch?v=FFkJ72GAsnQ>)

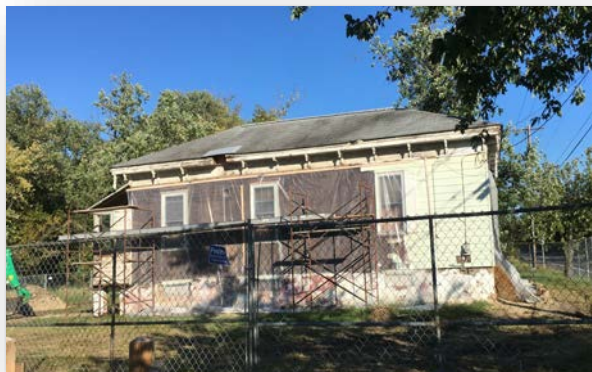
**FIRE CIDER WORKSHOP — NOVEMBER 7, 2020**

Many attendees recently enjoyed the Fire Cider Workshop presented by herbalist, Franchette Polite, a volunteer of the Dr. James Still Education Center.

Fire cider is an antiviral, anti-inflammatory, antibacterial, incredibly powerful immune boosting tonic made with herbs, roots and fruit, combined with apple cider vinegar and honey infused together to support your health during cold and flu season. The fire cider formula and name was coined by Rosemary Gladstar in the 70's. It has been reproduced, adapted and used by herbalists for years.

**OFFICE STABILIZATION UNDERWAY**

If you've driven by the Dr. James Still Historic Office over the past few months, you may have noticed movement on-site. The State of New Jersey's Department of Property Management and Construction has begun to stabilize Dr. James Still's office. This is the same office that Dr. James Still operated and treated hundreds of people in his time. This office was originally built in 1855 and has had several residents over the years. This project will protect the building from further deterioration and restore original exterior features to the office. We have been working diligently with NJ DEP to see this project come about and are excited for this step in the right direction.



## THERE'S AN HERB FOR THAT! HERBAL CORNER



Peppermint (*latin name: Mentha piperita*) is one of the many herbs grown on-site at the Dr. James Still Education Center. To harvest, pick and wash leaves off the peppermint plant. The stem does not have nutritional value, yet the oils are located in the leaves.

Peppermint is a natural antibacterial, antiviral, antifungal, antiseptic, cooling plant that helps with digestion, cleansing your mouth and fresh breath. It is also used in many cultures to clean palettes. As the most produced essential oil, peppermint oil is readily accessible.

There are multiple beneficial uses for peppermint. Make a tea by trimming leaves to release oils and place in hot water to help aid sleep. For congestion, mist peppermint oil in the shower or put a few drops in your hands to cup over your nose to inhale the menthol to your lower lungs. You can also create a refreshing drink placing peppermint leaves in a mixer with ginger, cucumber and lemon with the peel, as demonstrated during our Community Day.

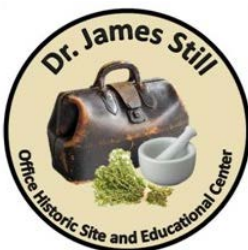
What are some of the ways you like to use peppermint? Let us know on [Facebook](#) and [Instagram](#) #DJSECpeppermint

## SCHOOL TOURS CANCELLED UNTIL FURTHER NOTICE

Please note that our school tours have been cancelled until further notice. However, we are exploring other options in the interim. If you or your organization would like to coordinate an on-site or virtual presentation in the future, please email [drjamesstillcenter@gmail.com](mailto:drjamesstillcenter@gmail.com).



## HAPPY HOLIDAYS!



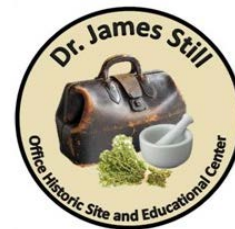
As the year 2020 comes to a close, we'd like to wish you and your family safe holidays and good health. Stay posted for future webinars and virtual events through our [website](#) and [Facebook](#) page. You can also follow us on [Instagram](#) and purchase books through our [online store](#).

We are very grateful to have your support and look forward to your continued participation as we build awareness of Dr. James Still and work to preserve his legacy.

We are always looking for volunteers as we strive toward our initiatives. If you are interested and able to dedicate a few hours each month, please email [drjamesstillcenter@gmail.com](mailto:drjamesstillcenter@gmail.com).

## DONATIONS FOR THE HISTORIC OFFICE SITE & EDUCATION CENTER

The volunteers at the Dr. James Still Education Center are a grass roots organization dedicated with a purpose to teach, restore and preserve the legacy of Dr. James Still.



### Be a Friend of the Dr. James Still Historic Office Site & Education Center with a monthly contribution

- \_\_\_\_\_ Level 1 contributor \$10
- \_\_\_\_\_ Level 2 contributor \$20
- \_\_\_\_\_ Level 3 contributor \$50
- \_\_\_\_\_ Level 4 contributor \$100

**Donations will go to the Education Center, site improvements and/or programming:**

Online: <https://dr-james-still-historic-site.square.site/>

Check written out to: Dr. James Still Historic Office Site Association, Inc.

Mail to: Dr. James Still Historic Office Site Association, Inc.  
54 Chapel Hill Road  
Mount Laurel, NJ 08054

All donations of any value are welcomed and very much appreciated!

***We thank you for your support!***

